PPU

Dr. D. Y. PATIL VIDYAPEETH, PUNE

(Deemed to be University)

Syllabus of First Year of

Bachelor of Performing Arts in Nrityayoga

Academic Year 2022-23 & onwards



Dr. D. Y. PATIL VIDYAPEETH, PUNE

(Deemed to be University)

(Accredited (3rd Cycle) by NAAC with a CGPA of 3.64 on four point scale at *A++* Grade)
(Declared as Category - I University by UGC Under Graded Autonomy Regulations, 2018)
(An ISO 901:2015 and 14001:2015 Certified University and Green Education Campus)

Dr. A. N. Suryakar Registrar

> Ref. No.: DPU/ 960-F (iii)/22 Date: 20.08 2022

NOTIFICATION .

Whereas Dr. D. Y. Patil Vidyapeeth, Pune (Deemed to be University) is categorized as Category-I University by UGC as per UGC [Categorization of Universities (only) for Grant of Graded Autonomy] Regulations, 2018. As per the Clause No. 4.3 of the said Regulations, the Vidyapeeth proposed to Academic Council and the Board of Management to establish various Schools as Constituent Units of the Vidyapeeth.

And whereas in pursuance of the resolution passed by the Academic Council at its meeting held on 22nd March, 2022 vide Resolution No. AC-16-22 regarding to establish Dr. D. Y. Patil School of Liberal Arts, Pimpri, Pune as a Constituent Unit of the Dr. D. Y. Patil Vidyapeeth, Pune.

And whereas in pursuance of the resolution passed by the Board of Management at its meeting held on 29th March, 2022 vide Resolution No. BM-15-22 regarding to establish Dr. D. Y. Patil School of Liberal Arts, Pimpri, Pune as a Constituent Unit of the Dr. D. Y. Patil Vidyapeeth, Pune.

And whereas in pursuance of the resolution passed by the Academic Council at its meeting held on 29th July, 2022 vide Resolution No. AC-23(ii)-22 regarding the syllabus of First Year of Bachelor of Performing Arts in Nrityayoga Programme from Academic Year 2022-23 and onwards for implementation.

And whereas in pursuance of the resolution passed by the Board of Management at its meeting held on 10th August, 2022 vide Resolution No. BM-35(ii)-22 regarding the syllabus of First Year of Bachelor of Performing Arts in Nrityayoga Programme from Academic Year 2022-23 and onwards for implementation.

It is notified to all concerned that the Regulations, Credits and Semester System Syllabus of First Year (Semester-I & Semester-II) of Bachelor of Performing Arts in Nrityayoga Programme from Academic Year 2022-23 and onwards is here by published.

The Regulations, Credits and Semester System Syllabus of First Year (Semester-I & Semester-II) of Bachelor of Performing Arts in Nrityayoga Programme from Academic Year 2022-23 and onwards consist for following courses:



....2....



..... 2

| | Semester - I | | Semester – II |
|--------------|--|--------------|---|
| BPANY 101 | Introduction and History of Yoga and Dance | BPANY 201 | Asanas Postures and Techniques |
| BPANY 102 | Techniques in Yoga and Dance | BPANY 202 | Principles and Elements of Nrityayoga |
| BPANY 103 | Scapture, Dance, Yoga, Parellel Studies OR Paintings, Dance and Yoga | BPANY 203 | Nrityayoga Technique 1 & 2 |
| BPANY 104 | Repertory, Collaboration (Basic and Advance Steps, 10 Asanas) Performances (Pushpanjali) | BPANY 204 | Karana Concept (36 Karanas) |
| BPANY 105 | Sanskrit Literature | BPANY 205 | Parallel Aspects of Hasta (Dance) and Mudra (Yoga) |
| BPANY 106 | English | BPANY 206 | Rhythm and Nadayoga |

The Syllabus will be useful to all the concerned.

This will come into force with immediate effect.

(Dr. A. N. Suryakar) Registrar

(Dr. A. N. Suryakar)
Registrar
Dr. D. Y. Patil Vidyapeeth
(Deemed to be University)
Pimpri, Pune- 18.

Copy to:

- PS to Chancellor for kind information of Hon'ble Chancellor, Dr. D. Y. Patil Vidyapeeth, Pune.
- PS to Vice Chancellor for kind information of Hon'ble Vice Chancellor, Dr. D. Y. Patil Vidyapeeth, Pune.
- 3. The Director, Dr. D. Y. Patil School of Liberal Arts, Pimpri, Pune
- 4. The Controller of Examinations, Dr. D. Y. Patil Vidyapeeth, Pune.
- 5. Director (Academics), Dr. D. Y. Patil Vidyapeeth, Pune.
- 6. Director (IQAC), Dr. D. Y. Patil Vidyapeeth, Pune.
- 7. Web Master for uploading on Website.

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REGULATION FOR BACHELOR OF PERFORMING ARTS IN NRITYAYOGA

1. Eligibility Criteria:

- 1.1 Candidate passing grade at 12th std. from recognized Board or equivalent examination is however necessary for being eligible for admission to Bachelor of Performing Arts Programmes.
- 1.2 The candidate shall have completed 17 years of age on or before 31 December of the year of admission. The Secondary School Certificate (i.e. S.S.C.) or equivalent examination certificate or the certificates of age & nationality endorsing the date of birth will constitute valid proof.
- 1.3 The candidate may be an Indian National / NRI / PIO / Foreign National. The candidate is required to produce proof in his / her Nationality from a District Magistrate, Additional Magistrate or Metropolitan Magistrate. Valid Passport also shall be considered as sufficient proof of Nationality.
- 1.4 The candidate must be medically fit and must submit a certificate of medical fitness.

2. Duration of the Programme

The Bachelor of Performing Arts undergraduate degree programme is of four years (Total Eight semesters) duration.

Duration of the course: 4 years or 8 semesters.

Semesters - An academic year consists of two semesters

3. Progarmme Pattern: Choice Based Credit System (CBCS)

4. Exit Point -

➤ 1st Year Exit - Certificate Course

➤ 2nd Year Exit - **Diploma**

➤ 3rd Year Exit - Bachelor Degree

➤ 4th Year - Bachelor Degree with Honours

5. Teaching Methodology:

- Lectures
- Assignments And Project Work
- Workshops And Seminars

6. Scheme of Examination for Theory

(a) Internal Assessment (40 Marks)

- 1. Class test held in the given semester 15 marks
- 2. Subject specific term work module/assessment modes-as decided by the department in the beginning of the semester (like extension / field / experimental work, short quiz, objective test, open book test etc and written assignments, case study, projects, posters and exhibits etc for which the assessment is to be based on class presentations wherever applicable) -15 marks
- 3. Attendance and active participation in routine class instructional deliveries (and in practical work, tutorial, field work, cultural activities etc as the case may be) -10 marks

(b) University Examination:

(i) University Theory Examination Pattern

| (-) | | | | | | | | |
|----------------------------------|--------------------|----------|--|--|--|--|--|--|
| Section A | | | | | | | | |
| MCQs | 10 x 1 Mark each | 10 Marks | | | | | | |
| Section B | | | | | | | | |
| LAQs (Any 3 out of 4) | 03 x 10 Marks each | 30 Marks | | | | | | |
| S | Section C | | | | | | | |
| Short Questions (Any 4 out of 5) | 04 x 05 Marks each | 20 Marks | | | | | | |
| | Total | 60 Marks | | | | | | |

(ii) University Theory Examination Pattern

| Section A | | | | | | | | | |
|---|---------------------------|----------|--|--|--|--|--|--|--|
| MCQs | 5 x 1 Mark each | 5 Marks | | | | | | | |
| Section B LAOs (Any 3 out of 4) 03 y 5 Marks each 15 Marks | | | | | | | | | |
| LAQs (Any 3 out of 4) | 03 x 5 Marks each 15 Mark | | | | | | | | |
| | Section C | | | | | | | | |
| Short Questions (Any 4 out of 5) | 5 x 2 Marks each | 10 Marks | | | | | | | |
| | Tota | 30 Marks | | | | | | | |

(iii) University Practical Examination Pattern

| | Total 100 Mark | S |
|---------------------|----------------|---|
| Internal Assessment | 40 Marks | |
| Viva | 30 Marks | |
| Presentation | 30 Marks | |

(iv) University Practical Examination Pattern

| (1) 6 111 (01 510) 1 1 10 01 011 11 11 11 11 11 11 11 11 1 | • |
|--|----------|
| Presentation | 15 Marks |
| Viva | 15 Marks |
| Internal Assessment | 20 Marks |
| Total | 50 Marks |

Total 100 Marks Combined Head of Passing

- 1. Internal Assessment will carry total of 40 marks
- 2. University Examination will carry 60 marks

Break -Up

- 1. University Exams 60 Marks
- 2. Internal Assessment Exams 40
- 3. Grand Total = 100 Marks (Each Subject)

(c) Standard of Passing:

- 1. The standard of passing shall be minimum 50% in each subject.
- 2. The marks of all heads combined (University Theory Exam + Internal Assessment Theory) shall be considered together for Passing of the candidate.

7. Grace Marks

The grace marks up to a maximum of FIVE (5) marks may be awarded to a student who has failed in not more than two subjects in the respective semester. Provided that these grace marks shall be awarded only if the student passes after awarding these marks.

8. Rules for ATKT:

The candidate shall be promoted to subsequent semester (from I semester to II semester, II semester to III semester, III semester to IV semester, from IV semester to V semester, V semester to VI semester, VI semester to VII semester, VII semester to VIII semester) even if he/she fails in one or two subjects/courses in the current semester of study. However, he/she must pass in these subjects/ courses within six months. To appear for subsequent examinations, he/she must pass in all subjects/courses of the previous semester (i.e. a candidate shall be promoted from I semester to II semester even if he/she has failed in two course or less, the candidate shall be permitted to appear for both I & II semester during his/her term of second semester. However, he/she shall not be permitted to appear for the III semester unless he/she completely clears the first semester, this continues for rest of the semesters). A candidate failing in more than two subjects/ courses will not be permitted to proceed to the next class. It is mandatory for the candidate to pass in all subjects/ courses of the previous odd semester to be eligible for the next odd semester, and to pass in all subjects/ courses of the previous even semester to be eligible for the next even semester. The candidate shall be eligible for obtaining the degree only after successful completion of the VIII semesters.

9. Grade Points:

UGC 10-point Grading Scale

| Marks | Letter Grade | Grade Point |
|-----------|-------------------|-------------|
| 90 To 100 | O : Outstanding | 10 |
| 80 To 89 | A+ : Excellent | 9 |
| 70 To 79 | A : Very Good | 8 |
| 60 To 69 | B + : Good | 7 |
| 55 To 59 | B : Average | 6 |
| 50 To 54 | P : Pass | 5 |
| 00 To 49 | F : Fail | 0 |
| - | AB: Absent | 0 |

Computation of SGPA and CGPA

The UGC recommends the following procedure to compute the Semester Grade Point Average (SGPA) and Cumulative Grade Point Average (CGPA):

i. The SGPA is the ratio of sum of the product of the number of credits with the grade points scored by a student in all the courses taken by a student and the sum of the number of credits of all the courses undergone by a student, i.e.

SGPA (Si) =
$$\Sigma$$
(Ci x Gi) / Σ Ci

where Ci is the number of credits of the course and Gi is the grade point scored by the student in the course.

ii. The CGPA is also calculated in the same manner taking into account all the courses undergone by a student over all the semesters of a programme, i.e.

CGPA =
$$\Sigma$$
(Ci x Si) / Σ Ci

where Si is the SGPA of the semester and Ci is the total number of credits in that semester.

iii. The SGPA and CGPA shall be rounded off to 2 decimal points and reported in the transcripts.

Illustration of Computation of SGPA and CGPA and Format for Transcripts

i. Computation of **SGPA** and **CGPA** Illustration for SGPA

| Course | Credit | Grade letter | Grade point | Credit Point (Credit x Grade) |
|----------|--------|-----------------|----------------|----------------------------------|
| Course 1 | 3 | A | 8 | 3 X 8 = 24 |
| Course 2 | 4 | B+ | 7 | 4 X 7 = 28 |
| Course 3 | 3 | В | 6 | 3 X 6 = 18 |
| Course 4 | 3 | O | 10 | 3 X 10 = 30 |
| Course 5 | 3 | С | 5 | 3 X 5 = 15 |
| Course 6 | 4 | В | 6 | 4 X 6 = 24 |
| | 20 | | | 139 |

Thus, **SGPA** =139/20 =**6.95** Illustration for CGPA

| Semester 1 | Semester 2 | Semester 3 | Semester 4 | Semester 5 | Semester 6 |
|------------|------------|------------|------------|------------|------------|
| Credit: 20 | Credit: 22 | Credit: 25 | Credit: 26 | Credit: 26 | Credit: 25 |
| SGPA: 6.9 | SGPA: 7.8 | SGPA: 5.6 | SGPA: 6.0 | SGPA: 6.3 | SGPA: 8.0 |

Thus,

CGPA=
$$\frac{20 \times 6.9 + 22 \times 7.8 + 25 \times 5.6 + 26 \times 6.0 + 26 \times 6.3 + 25 \times 8.0}{144}$$
=**6.73**

ii. Transcript (Format): Based on the above recommendations on Letter grades, grade points and SGPA and CCPA, the Institute may issue the transcript for each semester and a consolidated transcript indicating the performance in all semesters.

10. Passing Criteria:

The learners to pass a programme shall have to obtain a minimum of 50% marks in aggregate for each course consists of continues internal evaluation and semester end examination.

- ➤ 50% Marks in Internal Assessment (i.e., 20 out of 40)
- > 50% Marks in University Examination (i.e., 30 out of 60)

CBCS PATTERN FOR BACHELOR OF PERFORMING ARTS IN NRITYAYOGA

Theory: 1 credit = 15 Contact Hours
 Practical: 1 credit = 30 Contact Hours

• Hours per Day x 6 Days per Week x 15 Weeks = 450 Hours each Semester

| Subject/ Course | Name of Subject/ Course | its | lits | Š | S | ırs | × | | cheme aminati | - |
|--------------------|--|----------------|-------------------|---------------|--------------|-----------------|-------------|--------------|--------------------|-------------|
| Code | | Theory Credits | Practical Credits | Total Credits | Theory Hours | Practical Hours | Total Hours | Theory Marks | Practical Marks | Total Marks |
| | | 1st Y | Year - | Seme | ster 1 | | | | | |
| BPANY 101 | Introduction and History of Yoga and Dance | 3 | 0 | 3 | 45 | 0 | 45 | 50 | 0 | 50 |
| BPANY 102 | Techniques in Yoga and Dance | 1 | 4 | 5 | 15 | 120 | 135 | 50 | 100 | 150 |
| BPANY 103 | Scapture, Dance, Yoga, Parellel Studies OR Paintings, Dance and Yoga | 2 | 1 | 3 | 30 | 30 | 60 | 50 | 50 | 100 |
| BPANY 104 | Repertory, Collaboration (Basic and Advance Steps, 10 Asanas) Performances (Pushpanjali) | 1 | 4 | 5 | 15 | 120 | 135 | 50 | 100 | 150 |
| BPANY 105 | Sanskrit Literature | 1 | 1 | 2 | 15 | 30 | 45 | 50 | 50 | 100 |
| BPANY 106 | English | 2 | 0 | 2 | 30 | 0 | 30 | 50 | 0 | 50 |
| | Total | 10 | 10 | 20 | 150 | 300 | 450 | 300 | 300 | 600 |

| Subject/ Course | Name of Subject/ Course | lits | dits | ts | SI | urs | Š | | cheme aminati | - |
|--------------------|--|-----------------|-------------------|---------------|--------------|-----------------|-------------|--------------|--------------------|-------------|
| Code | | Theory Credits | Practical Credits | Total Credits | Theory Hours | Practical Hours | Total Hours | Theory Marks | Practical Marks | Total Marks |
| | • | 1 st | Year - | Seme | ster 2 | | l. | l. | l l | |
| BPANY 201 | Asanas Postures and Techniques | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 202 | Principles and Elements of Nrityayoga | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 203 | Nrityayoga Technique 1 & 2 | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 204 | Karana Concept (36 Karanas) | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 205 | Parallel Aspects of Hasta (Dance) and Mudra (Yoga) | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 206 | Rhythm and Nadayoga | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| | Total | 06 | 12 | 18 | 90 | 360 | 450 | 300 | 300 | 600 |

| Subject/ Course | Name of Subject/ Course | its | dits | ts | SI | urs | S. | | cheme aminati | _ |
|--------------------|---|-----------------|-------------------|---------------|--------------|-----------------|-------------|--------------|--------------------|-------------|
| Code | | Theory Credits | Practical Credits | Total Credits | Theory Hours | Practical Hours | Total Hours | Theory Marks | Practical Marks | Total Marks |
| | | 2 nd | Year - | Seme | ster 3 | | | | | |
| BPANY 301 | Patanjali Yogasutra - Introduction | 2 | 0 | 2 | 30 | 0 | 30 | 50 | 0 | 50 |
| BPANY 302 | Bharatnatyam Margam | 2 | 3 | 5 | 30 | 90 | 120 | 50 | 100 | 150 |
| BPANY 303 | Natyashastra Introduction | 2 | 2 | 4 | 30 | 60 | 90 | 50 | 50 | 100 |
| BPANY 304 | Anatomy and Stamina Building | 1 | 1 | 2 | 15 | 30 | 45 | 50 | 50 | 100 |
| BPANY 305 | Alarippu performance (54 Karanas) | 1 | 4 | 5 | 15 | 120 | 135 | 50 | 100 | 150 |
| BPANY 306 | Hindi Literature | 2 | 0 | 2 | 30 | 0 | 30 | 50 | 0 | 50 |
| | Total | 10 | 10 | 20 | 150 | 300 | 450 | 300 | 300 | 600 |

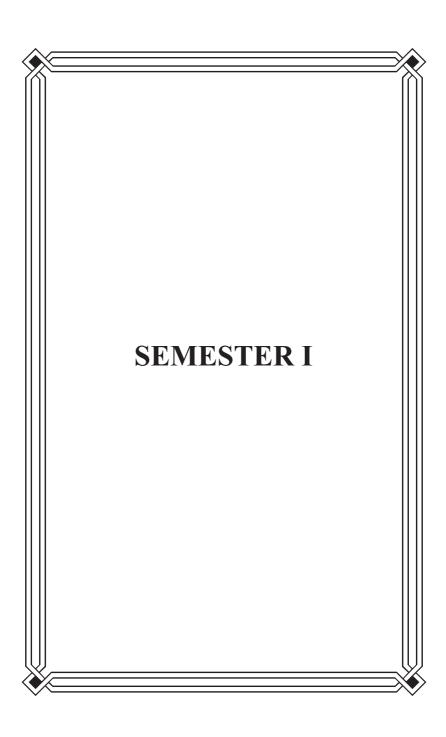
| Subject/ Course | Name of Subject/ Course sip sip sin | | urs | Š | Scheme of Examinations | | | | | |
|--------------------|---|----------------|-------------------|---------------|---------------------------|-----------------|-------------|--------------|--------------------|-------------|
| Code | | Theory Credits | Practical Credits | Total Credits | Theory Hours | Practical Hours | Total Hours | Theory Marks | Practical Marks | Total Marks |
| | | 2nd | Year - | Seme | ster 4 | | | | | |
| BPANY 401 | Patanjali Yogasutra - First 65 Sutras | 2 | 1 | 3 | 30 | 30 | 60 | 50 | 50 | 100 |
| BPANY 402 | Bharatnatyam Nritta and Nritya Concept | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 403 | Nrityayoga Technique 3 | 2 | 3 | 5 | 30 | 90 | 120 | 50 | 50 | 100 |
| BPANY 404 | Hatha Yoga - Introduction | 2 | 2 | 4 | 30 | 60 | 90 | 50 | 50 | 100 |
| BPANY 405 | Poorna Yoga by Arbindo | 1 | 1 | 2 | 15 | 30 | 45 | 50 | 50 | 100 |
| BPANY 406 | Lord Nataraja Philosophy for Yoga and Dance | 2 | 1 | 3 | 30 | 30 | 60 | 50 | 50 | 100 |
| | Total | 10 | 10 | 20 | 150 | 300 | 450 | 300 | 300 | 600 |

| Subject/ Course | Name of Subject/ Course stip stip stip stip stip stip stip stip | | urs | Š | Scheme of Examinations | | | | | |
|--------------------|---|----------------|-------------------|---------------|---------------------------|-----------------|-------------|--------------|--------------------|-------------|
| Code | | Theory Credits | Practical Credits | Total Credits | Theory Hours | Practical Hours | Total Hours | Theory Marks | Practical Marks | Total Marks |
| | | 3rd | Year - | Seme | ster 5 | | | | | |
| BPANY 501 | Patanjali Yogasutra - 66 - 130 Sutras | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 502 | Bharatnatyam 4 types of Abhinaya | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 503 | Nritya Technique 4 | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 504 | Karma Yoga - Introduction | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 505 | Abhinaya Darpanam by Acharya Nandikeshwar | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| BPANY 506 | Ashthanga Yoga - Yama, Niyama, and Asanas Concept | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| | Total | 06 | 12 | 18 | 90 | 360 | 450 | 300 | 300 | 600 |

| Subject/ Course | Name of Subject/ Course | lits | dits | ts | LIS | urs | Ş | | cheme aminati | - |
|--------------------|---|----------------|-------------------|---------------|--------------|-----------------|-------------|--------------|--------------------|-------------|
| Code | | Theory Credits | Practical Credits | Total Credits | Theory Hours | Practical Hours | Total Hours | Theory Marks | Practical Marks | Total Marks |
| | | 3rd | Year – | Seme | ster 6 | | | | | |
| BPANY 601 | Patanjali Yogasutra - 131 - 195 Sutras | 2 | 1 | 3 | 30 | 30 | 60 | 50 | 50 | 100 |
| BPANY 602 | Bharatnatyam Natyashastra - Rasa and Bhava | 2 | 2 | 4 | 30 | 60 | 90 | 50 | 50 | 100 |
| BPANY 603 | Nritya Technique 5 | 2 | 2 | 4 | 30 | 60 | 90 | 50 | 50 | 100 |
| BPANY 604 | Dnanayoga - Introduction | 1 | 1 | 2 | 15 | 30 | 45 | 50 | 50 | 100 |
| BPANY 605 | Karana (Next 54) | 2 | 2 | 4 | 30 | 60 | 90 | 50 | 50 | 100 |
| BPANY 606 | Ashthanga Yoga - Pranayama and Pratyahara Concept | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| | Total | 10 | 10 | 20 | 150 | 300 | 450 | 300 | 300 | 600 |

| Subject/ Course | Name of Subject/ Course | lits | dits | ts | ILS | urs | Š | | cheme of aminations | |
|--------------------|---|-----------------|------------|-----------------|-------------|--------------|--------------------|-------------|------------------------|-----|
| Code | Theory Credits Practical Credits Total Credits Theory Hours | | Theory Hou | Practical Hours | Total Hours | Theory Marks | Practical Marks | Total Marks | | |
| | | 4 th | Year - | Seme | ster 7 | | | | | |
| BPANY 701 | Patanjali Yogasutra - Conclusion of All Yogasutras | 2 | 2 | 4 | 30 | 60 | 90 | 50 | 50 | 100 |
| BPANY 702 | Bharatnatyam and Indian Religion | 1 | 1 | 2 | 15 | 30 | 45 | 50 | 50 | 100 |
| BPANY 703 | Nrityayoga Technique 6 | 2 | 2 | 4 | 30 | 60 | 90 | 50 | 50 | 100 |
| BPANY 704 | Bhaktiyoga - Introduction | 1 | 1 | 2 | 15 | 30 | 45 | 50 | 50 | 100 |
| BPANY 705 | Jathiswaram | 1 | 3 | 4 | 15 | 90 | 105 | 50 | 50 | 100 |
| BPANY 706 | Recitation of Omkaar and Different types of meditation | 1 | 2 | 3 | 15 | 60 | 75 | 50 | 50 | 100 |
| | Total | 08 | 11 | 19 | 120 | 330 | 450 | 300 | 300 | 600 |

| Subject/ Course | ect/ Name of Subject/ sign sign sign sign sign sign sign sign | | Ş | Scheme of Examinations | | | | | | |
|--------------------|---|-----------------|-------------------|---------------------------|--------------|-----------------|-------------|--------------|--------------------|-------------|
| Code | | Theory Credits | Practical Credits | Total Credits | Theory Hours | Practical Hours | Total Hours | Theory Marks | Practical Marks | Total Marks |
| | | 4 th | Year - | Seme | ster 8 | | • | | | |
| BPANY 801 | Patanjali Yogasutra -Full | 2 | 1 | 3 | 30 | 30 | 60 | 100 | 0 | 100 |
| BPANY 802 | Bharatnatyam and Psychology | 1 | 1 | 2 | 15 | 30 | 45 | 50 | 50 | 100 |
| BPANY 803 | Nrityayoga Technique 7 | 1 | 3 | 4 | 15 | 90 | 105 | 50 | 50 | 100 |
| BPANY 804 | Natyashastra 2 | 2 | 2 | 4 | 30 | 60 | 90 | 50 | 50 | 100 |
| BPANY 805 | Varnam Performance | 1 | 3 | 4 | 15 | 90 | 105 | 50 | 50 | 100 |
| BPANY 806 | Concept of Samadhi | 1 | 1 | 2 | 15 | 30 | 45 | 50 | 50 | 100 |
| | Total | 08 | 11 | 19 | 120 | 330 | 450 | 300 | 300 | 600 |
| | Grand Total | 68 | 86 | 154 | 1020 | 2580 | 3600 | 2400 | 2400 | 4800 |



SEMESTER - I

BPANY 101: Introduction & History of Yoga & Dance

- 1) Explanation of the term Yoga & Bharatnatyam
- 2) Vedic Age onwards history of Yoga & Dance
- 3) Devadasi System
- 4) Sadir Dance
- 5) Decline & Revival of Dance
- 6) Famous Personalities helps in Revival Tanjavur Guartet, E. Krishna Ayer, Balasaraswati, Rukminidevi Arundale
- 7) Mythological origin
- 8) Reference Books Natyashastra, Yoga vasishtha.

BPANY 102: Techniques in Yoga & Dance

- 1) Ashtanga Yoga Yama, Niyama, Asana, Pranayam, Pratyahar, Dharana, Dhyan & Samadhi
- 2) About Saint Patanjali & his teachings.
- 3) About Acharya Bharatmuni
- 4) About Natyashastra
- 5) Overview of 36 Chapters of Natyashastra.
- 6) Few Yogic Postures will be taught
- 7) Basic dance steps will be taught in three Speeds

BPANY 103: Scapture, Dance, Yoga, Parellel Studies OR Paintings, Dance and Yoga

- 1) History
- 2) Development
- 3) Different Kingdoms,
- 4) Different Eras
- 5) Famous Temples Chidambaram, Kumbhakonam, Bruhadishwar,
- 6) Concept of Karanas
- 7) The Parallel aspects of Movements in Sculpture/ Painting & Dance and Yoga
- 8) The relevance of Sculpture & Painting with Yoga & Dance

BPANY 104: Repertoire & Collaboration (Basic and Advance Steps, 10 Asanas) Performances (Pushpanjali)

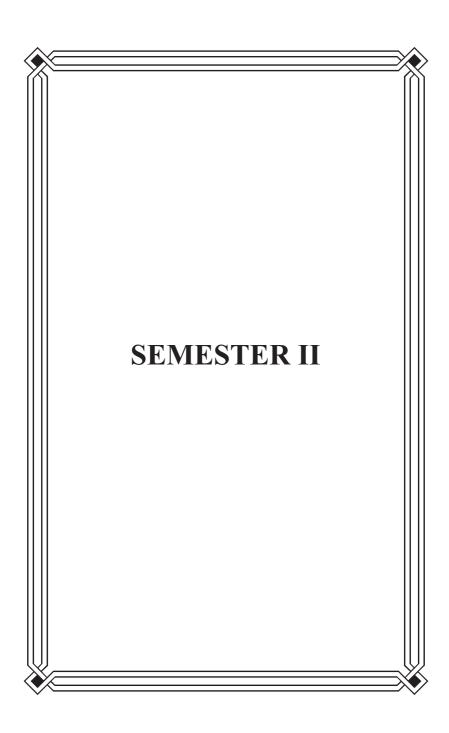
- 1) Parallels in Basic Steps in Bharatnatyam & Yogic Asanas.
- 2) Nritta, Nritya & Natya Parallel aspects in Nritya yoga
- 3) Practicals
 - A) Adavus
 - B) Pushpanjali
- 4) Tala Recitation
- 5) Information about repertoire i.e. Maargam.
- 6) Definitions of Adaru, Kal, Koravai, Jathi, Laya
- 7) Information about Asanas & Pranayama & its relevance to Dance especially in Performance & Portraying the Characters.

BPANY 105: Sanskrit Literature

- A) Introduction & Life history of Kavi Kulaguru Kalidas
- B) About his poetic works, Dramas in reference to his books will be taught in short.
- C) The Dance situations in his works like Shaakuntal, Vaasavadattaa will be interestingly taught & demonstrated to the students.
- D) The artistic & literary values of his works will be taught & discussed, with special reference to dance and especially Bharatnatyam

BPANY 106: English

- A) English grammar in a glimpse just as a language.
- B) English literature Dramas and Poetry
- C) The literatures of Shakespeare (his contributions and literary values)
- D) The poetic aspects of famous poets Wordsworth & Robert Frost



SEMESTER - II

BPANY 201: Asanas Postures and Techniques

- 1) Standing Postures- 4
- 2) Sitting Postures- 4
- 3) lying down on tummy -4
- 4) lying down on Back 4
- 5) Soorya Namaskara & Parallels in Bharat Natyam Postures
- 6) Different Parallels in Yogasutras and Bharatnatyam Practically.

BPANY 202: Principles & Elements of Nrityayoga-

- 1) Four types of Abhinaya Angika, vachika, Aharya & Satvika
- 2) Angikabhinaya in Detail with hand, eyes, head & neck
- 3) Different types of leg movements with special reference to Abhinaya Darpanam

BPANY 203: Nrityayoga Techniques – 1&2

- Vachikaabhinaya -Recitation of Seventala, five Jatis
- 2) Parallels in few Yogic Postures & Bharatnatyam Steps
- 3) Hand gestures in Dance & Mudras in Yoga reference books Abhinaya Darpanam & Gherand Samhita
- 4) About Hathayoga
- 5) About Poornayoga

BPANY 204: Karana Concept

- 1) 108 Karanas in the fourth chapter of Natyashastra fourth chapter of Natyashastra
- 2) The Parallels between Yogic Postures and Dance postures
- 3) Sculptural details.
- 4) Temple Architecture
- 5) Performance

BPANY 205: Parallel Aspects of Hasta (Dance) and Mudra (Yoga)

- 1) Single hands (Natyashastra)
- 2) Double hands (Abhinaya Darpanam)
- 3) The term Mudra
- 4) The history
- 5) The Usages
- 6)The Meanings

BPANY 206: Rhythm & Naadyoga

- 1) The Seventy five Variatious of Panchajathi & SaptaTalas
- 2) Three Speeds
- 3) Omkar Sadhama
- 4) Recitation with Shruti box
- 5) Innovative Practical Sessions and theoretic discussions
- 6) Study tour to Chidambaram Temple
- 7) Special Session with instrumentalists Mrudangam, Vocal & Violin

PPU

Dr. D. Y. PATIL VIDYAPEETH, PUNE

(Deemed to be University)

Syllabus of First Year of

Bachelor of Performing Arts in Nrityayoga

Academic Year 2022-23 & onwards